

# 6 ways to **Multiply** **Your Pro-Life Impact!**

## 1: FIND Your Local Pregnancy Help Center

To find your local center all you need to do is visit [OptionLine.org](http://OptionLine.org). Enter your zip code on the right side of the page. You will be provided with a list of pregnancy help centers in your area along with their contact information and directions. Find your center, contact them, and start praying for them and with them.

## 2: UPLOAD Option Line's Contact Info

Option Line is a 24 hour hotline for women and couples in pregnancy distress. Getting Option Line's contact info stored in your smart phone is quick and easy! Simply follow the instructions below and Option Line will automatically be stored as a contact in your phone or you can enter the information manually.

To get a free QR Reader:

1. Text SPARQ to 41411
2. Install & launch reader
3. Snap picture of QR Code



Option Line  
[OptionLine.org](http://OptionLine.org)  
1-800-395-HELP (4357)

## 3: CONNECT a Woman in Need to Option Line

Be prepared to share this life-saving number with anyone at anytime. Connect them to Option Line for immediate help from a trained counselor. Be sure you are equipped when God brings someone your way!

## 4: READ "Why a Movement of Prayer"

This brief article by John Piper and John Ensor explains why movements of prayer, such as 40 Days for Life, are vital to advancing God's causes in the world, including ending abortion.

Visit: [HeartbeatInternational.org/forty-days](http://HeartbeatInternational.org/forty-days) to download this article.

## 5: DISCOVER How the Pregnancy Help Movement Began

"A Generation Making a World of Difference" is a free booklet telling the story of the Pregnancy Help Movement – how what started as neighbors helping neighbors became a global movement of God in our time.

Visit: [HeartbeatInternational.org/forty-days](http://HeartbeatInternational.org/forty-days) to send for your copy.

## 6: SPONSOR a call to Option Line

It takes \$2 to answer each call from a woman in pregnancy distress. You can help 5 women for \$10. Even if you are a student, you can afford to connect a mother today to the help she desperately needs. Pick the number of calls you can sponsor. Visit: [HeartbeatInternational.org/forty-days](http://HeartbeatInternational.org/forty-days) to donate now!